

Retreat Agenda—Day 1

Friday, June 21, 2013

3:30 p.m.	Shuttle arrives at the University Inn and departs for Bear Lake and the horse camp at 3:45 p.m.
4:30 p.m.	Shuttle arrives at the University Inn and departs for Bear Lake and the horse camp at 4:45 p.m.
5:30 p.m.	Shuttle arrives at the University Inn and departs for Bear Lake and the horse camp at 5:45 p.m.
5:00 p.m.	Check-in – Bear Lake Training Center (BLTC) / Logan Canyon Horse Camp
	Dinner —Bear Lake Training Center (BLTC) / enjoy great food and good company as you arrive

Retreat Agenda—Day 2

Saturday, June 22, 2013

8:00 a.m.	Make Your Own Breakfast – Ingredients Provided
10:00 a.m. – 12:00 p.m.	Day Activities
	Bear Lake— <i>Explore on Your Own</i>
	Hiking
	Horseback Riding— <i>Logan Canyon Horse Camp</i> (Please sign up at the Horse Camp or the Bear Lake Training Center)
	Minnetonka Cave http://www.sceniccanyons.com/minnetonka/minnetonka_cave.html
12:00 p.m.	Make Your Own Lunch – Ingredients Provided
Day Activities	
1:00 p.m. – 5:00 p.m.	Day Activities
	Bear Lake— <i>Explore on Your Own</i>
	Hiking
	Horseback Riding— <i>Logan Canyon Horse Camp</i> (Please sign up at the Horse Camp or the Bear Lake Training Center)
	Minnetonka Cave http://www.sceniccanyons.com/minnetonka/minnetonka_cave.html
6:30 p.m.	Community Dinner – Bear Lake Training Center (BLTC)
8:00 p.m.	Community Circle – Bear Lake Training Center (BLTC) Claude Two Elk, Medicine Man

Retreat Agenda—Day 3

Sunday, June 23, 2013

8:00 a.m.	Make Your Own Breakfast – Ingredients Provided	
10:00 a.m. – 12:00 p.m.	Day Activities	
	Bear Lake— <i>Explore on Your Own</i>	
	Hiking	
	Horseback Riding— <i>Logan Canyon Horse Camp</i> (Please sign up at the Horse Camp or the Bear Lake Training Center)	
	Minnetonka Cave http://www.sceniccanyons.com/minnetonka/minnetonka_cave.html	
	Bear Lake Training Center Clean-up <i>Provided by guests staying at the center</i>	Logan Canyon Horse Camp Clean-up <i>Provided by guests staying at the horse camp</i>
12:00 p.m.	Make Your Own Lunch – Ingredients Provided	
1:00 p.m. – 3:00 p.m.	Day Activities	
	Bear Lake— <i>Explore on Your Own</i>	
	Hiking	
	Horseback Riding— <i>Logan Canyon Horse Camp</i> (Please sign up at the Horse Camp or the Bear Lake Training Center)	
	Minnetonka Cave http://www.sceniccanyons.com/minnetonka/minnetonka_cave.html	
2:00 p.m.	Check-out Bear Lake Training Center	
2:00 p.m. 3:00 p.m.* 3:30 p.m.*	Shuttle departs Bear Lake Training Center, travels to Logan Canyon Horse Camp, and continues down the canyon to the University Inn *Shuttle departs Logan Canyon Horse Camp and continues down the canyon to the University Inn	
	Check-in University Inn & Conference Center and Living Learning Center (LLC), Student Housing after 3:00 p.m.	
	Dinner on Your Own	
TBD	Sweat Lodge	